

"I am a spiritual person."

What does that even mean? In our culture of tolerating everything, being spiritual has many different meanings, and they do not all line up with what God has revealed in His Scriptures. Biblically, being spiritual is connected to a man of faith sustaining a right relationship with God.

God, who is Spirit (John 4:24), created the spirit which is within every person (Genesis 1:27; 2:7), but all men are not recognized by their Creator as spiritual. Who does God describe as a spiritual man?

A spiritual man receives the Holy Spirit's revelation from God (1 Corinthians 2:12-15). Such a man who properly receives the divinely inspired word is able to examine spiritual matters through the lenses of God's will. He makes proper discernment regarding life and godliness based upon the Spirit's word of truth (1 Thessalonians 1:9-10; 2:13). Men, who reject His revelation of the mind of God, live according to their own worldly wisdom and are described as "a natural man."

The spiritually minded Christian is one who is maturing in the Lord, and that is manifested by his behavior (1 Corinthians 3:1-3). The born again are not to remain as "infants in Christ." Infancy out of season is a spiritual retardation. Inability to digest the meat of God's word contributes to immaturity (Hebrews 5:12-14). Christians must long for God's truth and righteousness.

In turn the spiritual man's character is governed by the Holy Spirit's leadership (Galatians 5:16-26). The Christian who is actively taking measures to grow in Christ will daily seek to live in a manner that reflects the Spirit's influence because he continually heeds His direction to abstain from fleshly lusts and to bear "the fruit of the Spirit." The spiritual man walks in the Spirit by exercising self-control and adorning his personal life with good attributes which are consistent with the divine nature. When a Christian lives in communion with the things from the above which the Holy Spirit has revealed from God, then he is being a spiritual man who has fellowship with the Father, the Son and the Spirit.